



A UnitedHealthcare Company

In-network lab service

How to manage your health care costs



To get the best value from your benefit plan and help manage health care costs, it pays to choose in-network laboratory services.

Using a lab outside the UnitedHealthcare network may cost you more out of your pocket and limit your participation in health management programs, which help you and your doctor manage your specific health care needs. When your samples are sent to non-network labs, you may pay higher copayments or coinsurance. Ask your doctor to use a network lab for any tests or diagnostic imaging services, such as X-rays, MRIs and CT scans.

Ask for UnitedHealthcare network lab providers.

You have the right to ask your doctor to send your lab samples to a network laboratory. Don't run the risk of your lab work being referred out of network and potentially paying a higher cost.

You can look up providers online by using the instructions included in this document. If your doctor uses a lab that is not included in the online directory, call the customer service number on your ID card to confirm whether the lab is participating in the network.



The advantages of in-network labs

- Your copayments may be lower.
- Your coinsurance (your share of the bill) may be lower.

(Continued)

Find an in-network lab

- 1

Go to **umr.com** and select **Find a provider**
- 2

Select **Medical**

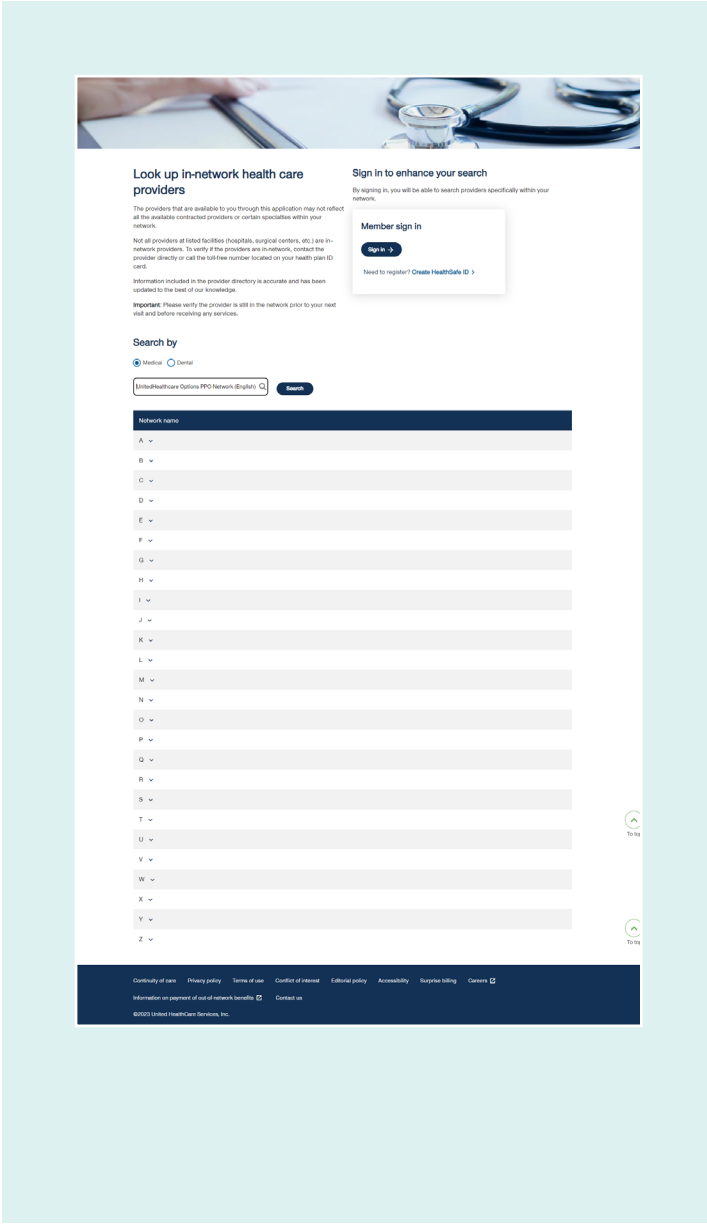
Search for your **Provider network:**
UnitedHealthcare Choice Plus or Options: PPO
(check the logo on your ID card)

Select the link to **View providers**
- 3

Under “Find Health Care by Category” select **Services and Treatments**
- 4

Under “What kind of services or treatments?” select **Tests, Imaging, and Screenings**
- 5

Choose the type of service you need and scroll down to view the list of participating national and local providers



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